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Gahire Pani Book Pdf Free Download The origin of the term "gahire pani" is uncertain, but the practice did exist during ancient Iceland. It was a funeral rite in which women would drink iced water mixed with herbs and recite verses from the Sagas. Nowadays, gahire pani is still practiced with similar ingredients in an Icelandic ceremony called jonsdagabotudagurinn. The term "gahire pani" combines two words: "ga," meaning 'cold,' and "hira," meaning 'water.' The practice has changed a little bit from the old time names. Nowadays it is commonly known as snow-water which is what we will be discussing in this article. The most common version of this ritual has eleven ingredients: angelica, camomile, meadowsweet, pennyroyal, sage, thistle, mountain savory, blackberry leaves or stems and sea buckthorn leaves or berries. The herbs and flowers are usually pounded together before being frozen in a blender; sometimes the herbs and flowers are infused with alcohol and frozen before freezing the blenders contents. A pitcher of the mixture-called oat-cider in Iceland-is served to friends and family when they think that death is near. This is supposed to bring good luck and drive away evil spirits and the like. It is customary to drink the whole pitcher of oat-cider, usually at room temperature. There are lots of different stories for the origin of Gahire Pani, but we will start with the most well known one:

It is said that a church priest named Jon killed someone and secretly buried him outside his house. He was about to be exposed when he performed a ritual where he threw flowers into water and made rhyme which is what we now call gahire pani. When the people came to arrest him he showed them the pitcher and asked them what they saw in it and they all said flowers. As he stood there looking at the flowers and water and was about to say more people came and killed him. Another version is that a carpenter named Jon made a coffin for someone who died. When his wife was cleaning out the room where it was she found this pitcher in a cupboard with flowers. In this version there is no rhyme, only the words "flowers in water". When the woman saw this she told her husband to expose her brother-in-law because he had been hiding him from his death sentence. He did not want to do this so he showed her what he had done with flowers in water saying that that was all that they could see when looking into it. This is how the saying was formed. Simply put gahire pani is meant to keep doom away from someone so they can live longer. This ritual is the newest funeral rite in Iceland. I have not heard of it being performed anywhere else. The reason they do this is because old people are afraid that when they die that their funeral will be too expensive for the family so they cast spells which are also called gahire pani to cast away evil spirits, ghosts, dread, disease, bad luck, death sentence and anything like this while you are alive so you can live longer.

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